



Adaptive Workouts

PAYMENTS AND CANCELLATIONS POLICY

The use of facilities, services, equipment or premises at Adaptive Workouts (a “**Studio**”), is a subject to the following Payments and Cancellations Policy:

- As your health and fitness professional, if Studio is unable to provide a trainer for the appointment with you for any reason and unable to give you at least **24 hours** notice, you will not be charged. You will receive one free personal-training session as a compliment.
- If you, as a Client, are unable to give your Studio trainer at least **24 hours** notice of cancellation, if you are late by over 15 minutes, or if you don't show for your appointment -- you agree to make a payment in full.
- All prepaid packages, offering a set number of training sessions, are non-refundable. All sessions, included in the package, must be completed within **six months** from the package purchase date.
- To cancel or to reschedule your appointment please call us or leave a message at **650.733.9889** or email us at **fit@adaptiveworkouts.com**.
- When you cancel, we will attempt to reschedule to fit your needs, but our availability may be limited.

I have read, understood and agreed to this Payments and Cancellations Policy.

Client Name [_____]

Client Signature [_____]

Date [_____]